

# WINNIPESAUKEE YACHT CLUB

## COVID-19 GUIDELINES AND CONSIDERATIONS FOR OPENING WYC FACILITIES

UPDATED JUNE 24, 2020

The following revised guidelines supersede all previous WYC guidelines and addendums issued to date. As further guidelines are implemented by the State of NH, the WYC guidelines will be updated as well.

The excerpted information below contains highlights from State and Federal Public Health and Safety agencies with respect to opening (or reopening) of outdoor recreational facilities during the Covid-19 Pandemic. These guidelines have been specifically applied to the WYC's property and facilities and the anticipated activities taking place at those facilities.

### Background on Covid-19: Transmission and Spread

According to the CDC, person-to-person transmission occurs during close (within 6 feet) contact with a person with COVID-19, primarily from respiratory droplets produced when an infected person coughs or sneezes. Airborne transmission from person-to-person over long distances is believed to be unlikely, and even more so with the constant circulation/movement of air in the out-of-doors.

Current evidence now suggests that Covid-19 does NOT remain viable on hard surfaces. The evidence also suggests that the UV spectrum light in sunlight kills viruses, including Covid-19 and with the constant circulation of air, there is even lesser risk of the virus being deposited and/or remaining viable on hard surfaces in the out-of-doors.

### Persons with Increased Susceptibility for Covid-19 Infection or Complications

Persons who may be at increased susceptibility for Covid-19 infection or complications from COVID-19 (adults 65 and over, chronic lung disease, liver disease, immunocompromised persons, heart disease, diabetes, obesity, etc.) are strongly encouraged NOT to access and/or utilize WYC property/facilities until public health authorities have reported that the risk of transmission is reduced. Ultimately however, it is up to the individual to make their own fully-informed, personal decisions based on their knowledge of Covid-19, its risks of transmission, what steps (if any) the WYC is taking at the time to help reduce the risks of transmission and their personal health.

### General Guidelines and Requirements for WYC Members and Their Guests Wishing to Access WYC Property/Facilities

Until further notice, in order for any member or guest to be eligible to access and/or utilize WYC property for any reason, the following guidelines/requirements, based on CDC guidelines for reducing/preventing transmission, self-distancing and self-quarantine must be met.

In order to be eligible to access or utilize WYC property/facilities, you must answer each of the following three (3) "yes" or "no" questions:

1. Have you had an elevated temperature within the last 72 hours?
2. Have you exhibited any of the following symptoms in the last 72 hours, while not using any fever-reducing medication: Fever, Cough, Shortness of Breath, Headache, Muscle pain, Loss of taste/smell?
3. Have you been in close contact in the last 14 days (been within 6' while NOT wearing a mask) with anyone who has been diagnosed with COVID-19, or with anyone who is showing symptoms?

If the answer to any of these questions is "yes", you are NOT eligible to access and/or utilize WYC property until the following have occurred: For items 1 and 2: 7 days have passed since the symptoms first appeared AND 3 days have passed since the symptoms have disappeared. Persons should consult a doctor and follow the doctor's instructions. For item 3: You have met the 14-day quarantine requirement.

## Guidelines for Accessing and/or Utilizing WYC Property/Facilities

ONLY once you have answered “no” to each of the three (3) questions above are you eligible to access and/or utilize WYC property/facilities. As such, it is your responsibility to follow each of the guidelines listed below that emphasize basic infection prevention measures whenever you are on and/or using WYC property/facilities. All persons entering onto WYC property should implement good hygiene and infection control practices, including:

- 6-foot self-distancing from others at all times (whenever possible). If this is not possible due to specific location(s) and/or activities, we recommend a cloth face covering – supplied by you.
- Gatherings of more than 10 persons are not allowed. A gathering is defined as persons in close proximity to others in a room, enclosed area or congregated in a specific location, (for our purposes for example, the clubhouse, porch, deck and docks).
- Practice respiratory etiquette, including appropriately covering coughs and sneezes (inside of elbow).
- Wash hands frequently and thoroughly. If washing is not possible, sanitize hands (minimum 60% alcohol-based sanitizers) frequently. You are responsible to provide your own hand sanitizer.

### WYC Clubhouse

At this point in time, members and guests may enter the main (parking lot) level of the clubhouse for the purposes of accessing refrigerators, freezers, food or beverage storage, ice, etc. This use should be transient in nature, in other words; food preparation and other activities requiring persons to remain in the enclosed areas of the clubhouse should not be undertaken.

### Access to the Basement and Ship’s Locker

Members may enter the basement to access tools, masts, other stored items, ice from the freezer and the Ship’s Locker for purchase of mooring tackle supplies. Members are asked not to undertake projects in the basement and to use the basement in the same transient manner...in other words, “in and out”.

### Access to Deck, Porch & Picnic Tables

The (upper level) deck and the porch ARE open for use.

**Deck:** The tables and chairs will be situated on the deck so that they are 6 feet apart. Members of households may sit together but social distancing between tables should be maintained. The deck should be accessed by the side stairs, with the only exception being members who are not able to use the stairs may pass through the clubhouse to access the upper deck.

**Porch:** The Adirondack chairs will be placed as normal on the porch. Members of households may sit together but social distancing should be maintained between groups.

**Picnic tables:** Picnic tables have been set up on the lawn and dock for use, however they must be placed at least 6’ apart to help maintain social distancing.

### WYC Docks

The main and dinghy docks at the Dockham Shore property are open and available for use. It should be emphasized that at no time should there be groups of more than 10 persons in the same area of the dock (or any other specific location) and persons should make reasonable attempts to maintain social distancing.

### Swimming Area

Swimming is allowed. The water may be accessed by the stairs into the water, the diving platform and/or the dock itself. Swimmers should make reasonable attempts to maintain social distancing on the dock and in the water.

### WYC Workboat and Launch

Use of the workboat and launch is no longer restricted, however reasonable attempts should be made to maintain 6-foot distancing, understanding that this is difficult in a small boat.

### WYC Yacht Yard

The Yacht Yard is available for use and is no longer restricted, however reasonable attempts should be made to maintain 6-foot distancing.